

Totnes SAC Try Dive Session Medical and Liability Disclaimer Form

The process of learning to dive begins with a Try Dive taster where you can see and experience the sport and maybe decide you like it enough to make a commitment to progress to our full programme of diver training as a member of the Totnes Branch of the British Sub-Aqua Club.

Sub-Aqua diving is safe but requires general physical fitness and good health. Anyone with a medical history of diabetes, blackouts (epilepsy, etc), perforated eardrums, high blood pressure or heart disease, any lung or respiratory disorder (such as Asthma), dependence on prescribed medication or other drugs, should not contemplate taking up this sport without first discussing their suitability to do so with a specialist Diving Medical Referee.

The Try Dive programme is offered on the understanding that persons taking part:

- 1. Are capable of swimming 100 metres freestyle without the use of buoyancy aids.
- 2. Consider themselves medically fit and do not suffer from any of the disqualifying conditions mentioned
- 3. Will, in the interests of safety, comply with all instructions given to them by members of the Branch or their Instructor.
- 4. Are at least 10 years old.

Every precaution will be taken for the safety of persons taking the course and the Branch organisers or individually appointed instructors reserve the right to terminate the instruction of any person should there be any reason to doubt their fitness or ability or suitability to take part in the sport.

Name		Date of Birth
Address		
Postcode		
Contact number		
Email address		
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I certify that I comply with the conditions listed above. Totnes Sub-Aqua club and its members will not be held responsible for any accident or injury where these are not complied with.

Signature Date

Signature of Parent/Guardian (If applicant is under 18)

We ask for a contribution of £20 towards the costs of delivering the CATI, thank you. Any information given in this form will only be used in connection with the Try Dive session and any follow-up communication.